

Over
2 million
customers

Not-for-profit
organization

Serving Washington and Alaska



- Commercial
- Medicare
- Health insurance exchange plans

Headquartered in
Mountlake Terrace
10 miles north of
Seattle, WA



2 residents

12 pharmacists

20 other staff

< Read more

THE PREMERA BRAND PROMISE

Improve
purposefully,
serve
passionately.

PGY1 MANAGED CARE

—
Pharmacy
residency
program

PREMERA | 
BLUE CROSS
An Independent Licensee of the Blue Cross Blue Shield Association

044217 (09-08-2022)

PREMERA | 
BLUE CROSS



WHO WE ARE

A customer-focused, local health plan

We make our customers the focus of everything we do. We listen carefully and use feedback to continually improve in ways that serve our customers. We hire people who bring compassion, empathy, and humanity to everything we do. We are active in our local communities and advocate for positive changes in healthcare.

An integrated health management approach

We manage integrated medical and pharmacy benefits with a holistic view of our customer's health. Sophisticated analytics and hands-on case management help healthcare work better.

A nationally recognized, value-based formulary process

Our formulary system combines rigorous clinical evidence, cost effectiveness, and transparency. Decisions are made by our independent local expert P&T committee. Tier placement sends a clear signal to customers about which products are high value. Rx trend is reduced with less negative impact to our members.*

A comprehensive learning experience

Our program provides experiences in a variety of areas across our company. Our relationship with the University of Washington's highly ranked pharmaceutical outcomes program provides additional learning opportunities, including precepting APPE students and participating in outcomes research.

*Yeung K, Basu A, Hansen RN, Watkins JB, Sullivan SD. Impact of a Value-based Formulary on Medication Utilization, Health Services Utilization, and Expenditures. Med Care. 2017 Feb; 55(2):191-198.



ROTATIONS AND EXPERIENCES

Learn managed care pharmacy skills in a leading health plan.

Required rotations

- Patient care I and II (at partner site)
- Quality
- Formulary and utilization management
- Pharmacy administration
- Client consulting team
- Pharmacy operations
- Major project
- Teaching and precepting
- Professional Association Management (AMCP)
- Pharmacy leadership and administration

Elective rotations

- Outcomes research (University of Washington)
- Institute for Clinical and Economic Review (ICER)

Other experiences

- P&T committee and drug information
- Integrated medical and pharmacy drug management
- Population health management
- Educating health professionals and students
- Customer and sales support
- Insights into actuarial and underwriting
- Teaching certificate (optional, from the University of Washington)

FOR MORE INFORMATION, CONTACT

John Watkins, PharmD, MPH, BCPS
Residency Program Director
Premera Blue Cross
Phone: 425-918-5146
john.watkins@premera.com

