

# 2024

## I N N U M B E R S

**923,411**  
members had their  
**preventive wellness visits**



We helped  
**18,094**  
members **manage their pre-diabetes, diabetes, and hypertension**



**2,621**  
**lists were made** for members  
using Matchmaker™ for  
Behavioral Health



**67%**  
of members using Matchmaker™  
for Behavioral Health **scheduled  
an appointment with a provider**



We participated in  
**8 panels**  
focused on improving  
healthcare

### Kinwell

**20**  
**clinicians**  
were added to  
**Kinwell** to  
improve  
access to care  
for Premera  
members

Over  
**16k**  
**new**  
**patients**  
visited  
Kinwell

Kinwell  
Connect has  
brought in  
over  
**60%**  
**more new**  
**patients**



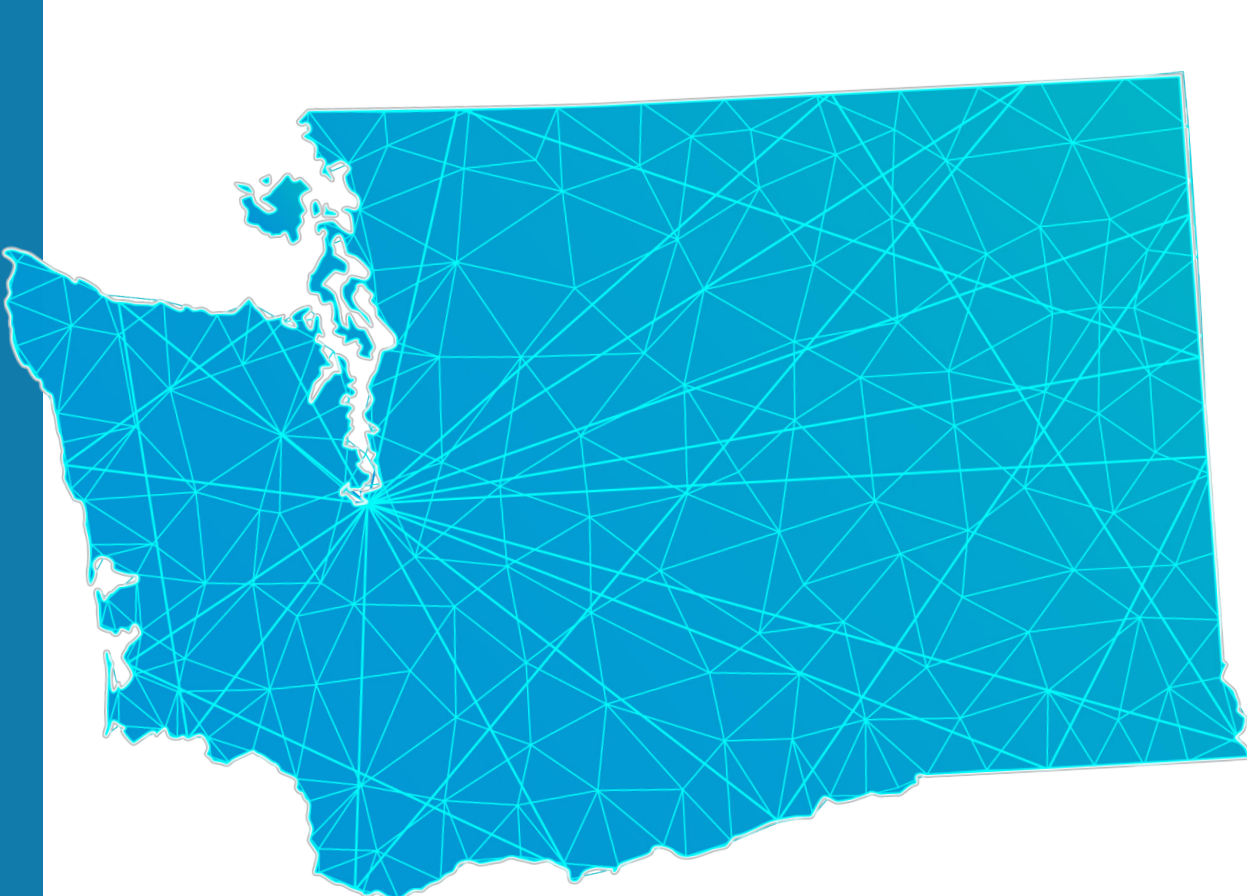
Hired  
**33**  
**more care managers** to help our  
members navigate their healthcare

Collaborated with UW to **improve mental  
health outcomes for BIPOC communities** with  
**3 new clinics**



Increased our Net Promoter Score  
(NPS) by  
**11 points**

**200+**  
licensed practical nurses are  
**earning their bachelor's in nursing degrees**  
at 4 colleges across Washington, funded by  
Premera Social Impact



Added  
**741**  
**more behavioral  
health providers**  
to our Washington  
network

Over 40 employees packed  
**200+ birthday kits**  
for kids in need, in collaboration with  
Boys & Girls of South Puget Sound



**18**  
**medical residents started rural training  
programs** in Washington and Alaska, funded  
in part by Premera Social Impact

**9**  
**advanced practice registered nurses entered  
UW's rural fellowship program**, funded by  
Premera Social Impact

Source: UW Rural Nursing Health Initiative