

## MEDICAL POLICY – 10.01.532


# ASAM Criteria: Services Reviewed for Medical Necessity

Effective Date:	Nov. 1, 2023	RELATED MEDICAL POLICIES:
Last Revised:	Oct. 23, 2023	None
Replaces:	N/A	

This policy only applies to Washington Individual Plans and Washington Fully-Insured Group Plans, except GAIP and ISHIP, for admissions on and after January 1, 2021.

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## Introduction

The Plan uses criteria from the American Society of Addiction Medicine (ASAM) to review for residential, inpatient, and detoxification services for adults and adolescents. ASAM criteria were created to improve access to and quality of care in the treatment of substance use disorders. These criteria match individual patients with the appropriate services to help patients succeed in their recovery. This policy describes which types of substance use disorder treatment may be considered medically necessary when using ASAM criteria.

**Note:** The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

## Policy Coverage Criteria

Service	Medical Necessity
<b>Substance Use Disorder Treatment – Adults and Adolescents</b>	<p><b>The following services may be considered medically necessary when criteria are met using American Society of Addiction Medicine (ASAM) criteria:</b></p> <ul style="list-style-type: none"> <li>• Inpatient substance use disorder rehabilitation</li> <li>• Residential/sub-acute detoxification</li> <li>• Residential substance use disorder treatment</li> <li>• Special populations substance use disorder residential treatment</li> </ul>

## Coding

Code	Description
Rev Code	Service
0118	Inpatient SUD treatment
0128	Inpatient SUD treatment
0138	Inpatient SUD treatment
0148	Inpatient SUD treatment
0158	Inpatient SUD treatment
1002	Residential SUD treatment
0116	Residential/subacute detoxification; Inpatient detoxification
0126	Residential/subacute detoxification; Inpatient detoxification
0136	Residential/subacute detoxification; Inpatient detoxification
0146	Residential/subacute detoxification; Inpatient detoxification
0156	Residential/subacute detoxification; Inpatient detoxification
HCPCS Code	Service
H0008	Residential/subacute detoxification
H0009	Inpatient detoxification
H0010	Residential/subacute detoxification



Code	Description
H0011	Residential/subacute detoxification
ICD-10 CM Diagnosis Code	Description
F10.10-F16.99	Substance abuse disorder
F18.10-F19.99	Substance abuse disorder

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## Related Information

### Benefit Application

This policy only applies to Washington fully-insured groups except GAIP and ISHIP, for admissions on and after January 1, 2021.

## History

Date	Comments
12/01/20	New policy, approved Nov. 10, 2020, effective for dates of service on or after January 1, 2021, following 90-day provider notification. ASAM Criteria will be used to review for medical necessity for SUD services for adults and adolescents. This policy only applies to Washington fully-insured groups except GAIP and ISHIP, for admissions on and after January 1, 2021
01/04/21	Minor update. Corrected listing of services to remove inpatient detoxification and inpatient substance use disorder from that applied to this policy and added inpatient substance use disorder rehabilitation to align with the mandate No other changes.
08/01/21	Annual Review, approved July 9, 2021. Reviewed with no changes.
08/01/22	Annual Review, approved July 25, 2022. Guidelines reviewed; no content changes.
11/01/23	Annual Review, approved October 23, 2023. Policy reviewed; not changes to content.



Date	Comments
01/01/24	Minor clarification. Clarified further that policy applies to Washington Individual Plans and Washington Fully-Insured Group plans only, with the exception of GAIP and ISHIP, for admissions in the state of WA.

**Disclaimer:** This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2024 Premera All Rights Reserved.

**Scope:** Medical policies are systematically developed guidelines that serve as a resource for Company staff when determining coverage for specific medical procedures, drugs or devices. Coverage for medical services is subject to the limits and conditions of the member benefit plan. Members and their providers should consult the member benefit booklet or contact a customer service representative to determine whether there are any benefit limitations applicable to this service or supply. This medical policy does not apply to Medicare Advantage.



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**Language Assistance**

- ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 844-722-4661 (TTY: 711).
- 注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 844-722-4661 (TTY: 711)。
- CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 844-722-4661 (TTY: 711).
- 주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 844-722-4661 (TTY: 711) 번으로 전화해 주십시오.
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- PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 844-722-4661 (TTY: 711).
- УВАГА!** Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 844-722-4661 (телетайп: 711).
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- XIYYEEFFANNA:** Afaan dubbattu Oroomiffa, tajaajjila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 844-722-4661 (TTY: 711).
- ملحوظة:** إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 844-722-4661 (رقم هاتف الصم والبكم: 711).
- ਧਿਆਨ ਦਿਓ:** ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 844-722-4661 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।
- ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 844-722-4661 (TTY: 711).
- ໂປດຊາບ:** ຖ້າວ່າ ທ່ານວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ຄ່າສ່ຽງຄ່າ, ຄວນມີພ້ອມໃຫ້ທ່ານ. ໂທ 844-722-4661 (TTY: 711).
- ATANSYON:** Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 844-722-4661 (TTY: 711).
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